



Schuyler County
Child Care Coordinating Council

Family Newsletter

Schuyler County Child Care Coordinating Council is dedicated to connecting families, child care providers, and the business community in reaching the common goal of quality child care for all children.



Parent Network is a program dedicated to helping parents access information on children's issues and resources on parenting. Parent Central is a program of the National Association of Child Care Resource & Referral Agencies (NACCRRA).

Visit Parent Network at:
www.ccaparentnetwork.org

Babysitting Classes

For teens age 11 and above. Learn safety skills for being home alone, child development, nutrition, and activities ideas. To register contact Kathy at 535-7964.



Do You Have Questions About Child Development?



SCCCCC has an Infant Toddler Specialist available to provide resources and answer questions regarding your infant and toddler. Call Kathy 535-7964

Summer Speech/Language Enrichment Program

Arnot Health's "Talkie Tots"
Presented by Dawn Ibb, MS, CCC-SLP, and Carrie Tamayo, MA, CCC-SLP

Is your child experiencing difficulty with speech and language development?

This program offers fun activities to improve communication skills through movement, music, literacy, arts/crafts, and social interaction. *All sessions will be run by a certified Speech-Language Pathologist.*

Call 607-737-4131 to speak with a Speech-Language Pathologist and see if your child could benefit from this program. All children age 3 - 5 are eligible.

June 30th - August 19th
Thursdays 1 - 2 p.m.

-or-

Fridays 11 a.m. - Noon
Arnot Ogden Medical Center

\$42 for partial enrollment (six Sessions)
\$48 for full enrollment (eight sessions)

Space is limited. Call Health on Demand at 607-737-4499 to register by June 1.

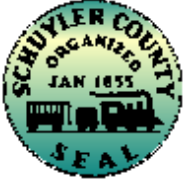


A United Way of Schuyler Agency



To receive this newsletter by email contact SCchildcareCC@stny.rr.com and type Family Newsletter in the subject line.





SCHUYLER COUNTY PUBLIC HEALTH

Lead Poisoning Prevention Program

Mill Creek Center
106 S. Perry St. Suite 4
Watkins Glen, NY 14891
(607) 535-8140 Fax: 535-8157

SCHUYLER COUNTY PUBLIC HEALTH *advises:*

**DON'T WAIT UNTIL YOUR CHILD REQUIRES A LEAD TEST TO ENTER
PRESCHOOL OR KINDERGARTEN!**

******IT COULD BE TOO LATE******

Testing at ages 1 and 2 is critical.

Rapidly growing children easily absorb lead from their environment.
Children's brains are not fully developed and are very vulnerable to lead's toxic effects.

Even low levels....once thought "safe".... can severely harm children

Studies show the damage caused by lead is irreversible, and even low levels of lead in a child's system have been associated with:

***Kidney damage

***Brain and Nervous System problems such as:

Headaches, Seizures, lower IQ and learning disabilities

Frontal lobe damage, including decision making and impulse control

***Hearing loss

***Slowed growth

Children absorb lead easier, and retain about 5 times more lead in their bodies, than adults.

ASK YOUR DOCTOR TO ORDER A LEAD TEST

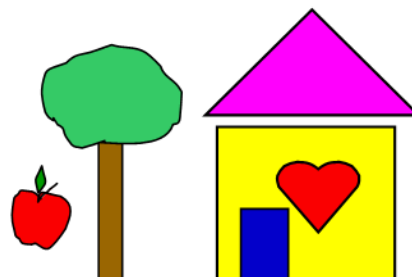
Any Questions?

**Please call Schuyler County Public Health
535-8140**

Spotlight on Quality Child Care

Each Family Newsletter focus' on one characteristic of quality child care. This months topic is:

Health and Safety



Health and Safety

Health and safety is important to your child's well-being. In the child care setting, providers protect children by making sure the equipment is safe. The program should have policies in place to make sure they are healthy and safe. Things to look for include: emergency plans that are regularly reviewed and updated; monthly fire drills; accurate and up-to-date parent contact information; regular safety checks of the indoor and outdoor areas; supervision at all times; hand washing, diapering and cleaning practices; and nutritious meals.

Assisting
Children through
Transition



New Parent Education Program

A.C.T.-For the Children is a parent education program designed to help parents separating from their spouse or partner or going through a divorce understand the impact their actions have on their children.

For more information or to register contact
Meagan or Kathy at 535-7964.

Schuyler County Child Care
Coordinating Council
Services for Parents

- Referrals to child care programs
- Answers to child raising questions
- Information about quality child care
- Parent educational workshops
- Information about financial assistance for the cost of child care

For information or assistance
Call SCCCCC at
535-7964

Help Us Recycle and Earn Funds for Child Care!

We are participating in a fundraising program which collects empty printer cartridges and used cell phones to raise money for child care. Donation boxes are available at the following locations:

- Schuyler County Child Care Coordinating Council
- Watkins Glen Public Library
- Dutton S. Patterson Memorial Library

FUNDRAISING NIGHT!

TEXAS ROADHOUSE®

Come in and support Schuyler County Kids.
Tuesday, June 28th
4pm-10pm

10% Donation Night

Support this cause by presenting this invitation to the listed Texas Roadhouse® location and Texas Roadhouse® will donate 10% of your total food purchases to the fundraiser!

Call AHEAD SEATING (607) 739-7427
1750 County Rt. 64

Resources

Are you working but having a hard time making ends meet?

Check your eligibility for a wide range of work supports at:

myBenefits.ny.gov

It's quick, easy and confidential!



How it Works:

If you qualify and are approved, you get a free phone and 250 free voice minutes added automatically each month.

Do I Qualify?

Eligibility varies by state. You may qualify based on participation in any of the following programs:

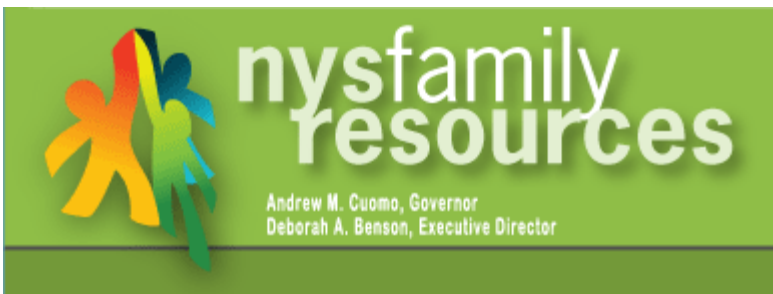
- Medicaid
- Food Stamps/SNAP
- Supplemental Security Income (SSI)
- Temporary Assistance for Needy Families (TANF)
- Federal Public Housing Assistance (FPHA)
- Low Income Home Energy Assistance (LIHEAP)
- National School Lunch Program's Free Lunch Program

OR You may qualify based on income.

Call 1-800-392-3852 or visit



American Mobile Dental Van will return to Schuyler County in the Spring. The van will park by the Head Start shed at the Schuyler Human Services Complex but ANYONE can be seen those days. The dates are May 18, June 29, July 27 and August 24. They take all insurances, including Medicaid, will work with private pay or the uninsured. Appointments can be made by calling: American Mobile Dental at 1-877-24-tooth. For more information visit americanmobiledental.com.



The Council on Children and Families (www.ccf.state.ny.us) is pleased to present the NYS Family Resources,org website. This website contains a unique collection of resources focusing on contemporary family issues and is designed for parents, professionals, community leaders, particularly those who serve children and youth. Please visit our website today at the address below. www.nysfamilyresources.org

The Family Play and Resource Center

Open Tuesday - Friday
10am - 2pm

Stop-In & Play

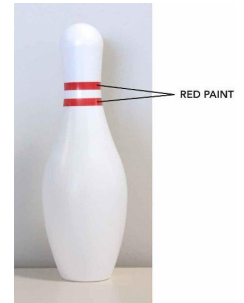
The resource center is completely **free** for parents and their children to come and play.

Located at
Human Services Complex
323 Owego Street
Montour Falls
607-535-6236

The Family Play and Resource Center (FPRC) is a unique Stop-in setting for parents, children, caregivers and educators to come together and meet in a warm and supportive environment. The FPRC promotes positive interaction and developmentally appropriate activities for all children. This is a great place for parents and caregivers to receive a wide variety of support, information and resources.

Recalls

For more information or to search for recalls go to:



Toy Story 3 Bowling Game Recalled

Name of Product: Toy Story 3 Bowling Game

Importer: G.A. Gertmenian and Sons, LLC, of Los Angeles

Hazard: The red paint used on some bowling pins has been measured to be in excess of the maximum allowable level, a violation of the federal **lead paint** standard.

Description: The recalled item contains six white plastic bowling pins with two red stripes painted on the necks, one black plastic ball, and a 68 inch x 26 inch nylon game rug with a print of the character Buzz Lightyear on the front. The batch marking JA 148 appears on the bottom front of the packaging just above the bar code, and is also located on the tag attached to the rug.

Sold at: Walmart Stores in the U.S. between September 1, 2010 and September 25, 2010 for about \$18.

Remedy: Consumers should stop using the bowling pins immediately and contact the manufacturer for a free replacement set.

Consumer Contact: For additional information, contact G.A. Gertmenian and Sons LLC toll-free at (888) 224-4181 between 9:00 am and 5:30 pm PT Monday through Friday. Consumers may also email Gertmenian@Gertmenian.com for instructions on receiving replacement bowling pins.

Let Your Child Get Dirty!

It's Essential for Physical and Mental Development

By Charles Kassotis

Are you still following your child around worrying that they might stain their clothes? Do you forbid playing outside because they might get dirty? Do you see germs and infections in every step they take? Are you trying to keep away friendly dogs or cute kittens because they might be disease carriers?

Do any of the sentences above represent your attitude towards your child? If yes, you must reconsider. Depriving your child of physical contact with the "Dirty, Outside World" is bad for its health. Sound unbelievable? How can something full of germs be essential for a kid's development?

First of all, your child, in the delicate years between childhood and puberty, develops its immune system. The immune system is designed to defend the organism against millions of bacteria, microbes, parasites, viruses and toxins. But it needs to be trained; just as muscles need exercise to function properly. In order to recognize harmful germs, it needs to meet them first. Then it creates an archive, where it is all installed. When the time comes for a fight, the immune system will be prepared because it knows the enemy. Pure exposure to various microorganisms and other environmental factors leads to pure immune resistance. That means, that the child will be less susceptible to disease later in life. So, don't exaggerate in hygiene matters. Let your child's immune system harden, with the help of dirt.

Your child needs also to be active, run around and feel happy playing outside. Worrying about stains will make the child feel guilty about activities that make it happy. You cannot replace that happiness with clean clothes, or with indoor inactive activities such as TV or video games. This is especially true during the school year. Imagine being seated in a chair while experiencing growth and energy spurts! Getting loose outside home will help the child deal with that pressure.

Don't underestimate your kids' explorative skills. By exploring –not the house of course- it discovers the world. Exploration boosts the imagination as well as creativity, social and physical skills. Well-developed physical skills result in a healthy body. Creativity will bring adaptability, and social skills will bring success and mental health. All those will eventually turn an active child, into a lively, successful healthy adult.

Let friendly animals approach your child. They won't hurt it; they will be of benefit. By keeping animals away you teach your child to do the same. Have you considered having a pet? Children raised with pets show many benefits. Developing positive feelings about pets can contribute to a child's self-esteem and self-confidence. Your child will develop trusting relationships with others much easier. A good relationship with a pet can also help in developing non-verbal communication, compassion, and empathy.

Finally, how important do you think memories are? Memories are moments of our lives, forming our personality. What would you like your child to remember from its childhood memories? Clean, germ-free clothes? Or shiny days outside, filled with laughter and a sense of adventure?

Are you still afraid of dirt? No need to be, after all, dirt is health! So, let your child go and play outside, loose in the dirt. Join in if you get jealous, you might want to get a little dirty too!

<http://www.childcarelounge.com/parent-articles/get-dirty.php>

A child's life is like a
paper on which every
person leaves a mark.

Schuyler County Child Care Coordinating Council
PO Box 312, 235 S. Catharine Street
Montour Falls, NY 14865